



PROGRAM

TIME JUNE 3, 2026

8:30 – 10:00	Postgraduate courses - 4 courses - Session 1			
	<p>RÍMA A Palliative care for non-cancer From early symptoms to end-of-life care: The spectrum of palliative treatment in severe lung diseases</p> <p>Chair I: Brynja Jónsdóttir, Iceland Chair II: Anders Blomberg, Sweden</p> <hr/> <p>08:30-09:00 Treatment of dyspnea in end-stage lung diseases Anders Løkke (Denmark)</p> <hr/> <p>09:00-9:30 Early integration of palliative care in non-cancer end-stage lung diseases Annica Mansfeld (Sweden)</p> <hr/> <p>09:30-10:00 End-of-life treatment in hospital settings in patients with end-stage lung disease. Arna Dögg Einarsdóttir (Iceland)</p>	<p>KALDALÓN Asthma Chair I: Dóra Lúðvíksdóttir (Iceland) Chair II: Alan Altraja (Estonia)</p> <hr/> <p>08:30-9:00 Biologics in the treatment of allergic disease and asthma Unnur Steina Björnsdóttir (Iceland)</p> <hr/> <p>9:00-9:30 Do Comorbidities Influence the Response to Biologics in Severe Asthma? Ramesh Kurukulaarachy (England)</p> <hr/> <p>9:30-10:00 How do we define asthma remission Alan Altraja (Estonia)</p>	<p>RÍMA B Restrictive lung diseases Chair I: Sigurður Þór Sigurðarson (Iceland) Chair II: Gunnar Guðmundsson (Iceland)</p> <hr/> <p>08:30-08:50 Introduction and ILD classification Össur Ingi Emilsson (Iceland)</p> <hr/> <p>08:50-09:10 Pattern-based description of HRCT Helgi Jónsson (Iceland)</p> <hr/> <p>09:30-10:00 IPF diagnostic, treatment and exacerbations Saher B Sahker (Denmark)</p>	<p>VÍSA COPD Chair I: Össur Ingi Emilsson (Iceland) Chair II: Mirjam Ljunggren (Sweden)</p> <hr/> <p>08:30 – 09:15 Importance of comorbidities in COPD (incl. 10min questions) (Sigrid Anna Aalberg Vikjord) (Norway)</p> <hr/> <p>09:15 – 10:00 Treatment of COPD exacerbations (incl. 10min questions) Pradeesh Sivapalan (Denmark)</p>
10:00 – 10:30	Coffee			
10:30 – 12:00	Postgraduate courses – 4 courses – Session 2			
13:30 - 15:00	<p>RÍMA A Palliative care for non-cancer</p> <p>Moderator: Bryndís Stefanía Halldórsdóttir (Iceland)</p> <hr/> <p>10:30-11:00 Use of NIV (non-invasive ventilation) in palliative settings Anita K Simonds MD FRCP FERS (England)</p> <hr/> <p>11:00-11:20 Promoting a Palliative Approach: Withdrawal of Mechanical Ventilation at Patient Request – the UK experience Alison Armstrong (England)</p>	<p>KALDALÓN Asthma</p> <hr/> <p>10:30 -11:00 Work up of severe asthma. Case presentation Benedikt Fridriksson (Iceland)</p> <hr/> <p>11:00-11:30 The use of databases in a severe asthma clinic DSAR Susanne Hansen (Denmark)</p> <hr/> <p>11:30-12:00 Discussion</p>	<p>RÍMA B Restrictive lung diseases</p> <hr/> <p>10:30 - 10:45 ILD diagnostic Stefan Barath (Sweden)</p> <hr/> <p>10:45 - 11:15 CTD ILD Gunnar Guðmundsson (Iceland)</p> <hr/> <p>11:15-11:45 Hypersensitivity pneumonitis Tomas Eagan (Norway)</p>	<p>VÍSA COPD Chair I: Össur Ingi Emilsson (Iceland)</p> <hr/> <p>Chair II: Mirjam Ljunggren (Sweden)</p> <hr/> <p>10:30– 10:50 New treatments in COPD: Biologics Lowie Vanfleteren (Sweden)</p> <hr/> <p>10:50 – 11:10 New treatments in COPD: Endobronchial valves Lowie Vanfleteren (Sweden)</p>

	<p>11:20 - 11:40 Quality of life in long-term ventilation patients Anna Louise Kleiven (Norway)</p> <hr/> <p>11:40-12:00 Panel discussion</p>		<p>11:45- 12:00 Panel discussion</p>	<p>11:10 – 11.30 Ventilation treatments in acute exacerbations of COPD Jordan Cunningham (Iceland)</p> <hr/> <p>11:30 – 11:50 Non-invasive ventilation in chronic respiratory failure in COPD Jordan Cunningham (Iceland)</p> <hr/> <p>11:50 – 12.00 Panel discussion</p>
12:00 – 12:45	Lunch for Postgraduate courses			
12:45 – 13:45	<p>Program NLC 2026</p> <hr/> <p>SILFURBERG Opening session:</p> <p>Welcome by Congress president Guðrún Nína Óskarsdóttir</p> <p>Global impact of vulcan eruption Professor Þorvaldur Þórðarson</p>			
13:45 – 15:15	<p>SILFURBERG Session 1 Sleep - diagnostics and treatment</p> <p>Chair I: Jordan Cunningham (Iceland) Chair II: Óssur Ingi Emilsson (Iceland)</p> <hr/> <p>13:45- 14:15 Diagnostic Duco Daniel Deenstra (Iceland)</p> <hr/> <p>14:15-14:45 Treatment Eva Lindberg (Sweden)</p> <hr/> <p>14:45-15:15 Regulations, Training and Quality Assurance Jordan Cunningham (Iceland)</p>	<p>KALDALÓN Session 2 Tuberculosis</p> <p>Chair I: Birgir Jóhannsson (Iceland) Chair II: Tuula Vasankari (Finland)</p> <hr/> <p>13:45-14:05 The new short treatment for sensitive and drug-resistant TB and follow-up treatment Agnar Bjarnson (Iceland)</p> <hr/> <p>14:05- 14:25 LTBI: Who to diagnose and treat Thijs Feuth (Finland)</p> <hr/> <p>14:25-14:45 TB in immunos-uppression Judith Bruchfeld (Sweden)</p> <hr/> <p>14:45- 15:05 TB and migration/wars (special emphasis to Ukraine) Askar Yedilbayev WHO</p> <hr/> <p>15:05-15:15 Panel discussion</p>	<p>RÍMA Session 3 Occupational/ environmental lung</p> <p>Chair I: Sigurður Þór Sigurðsson (Iceland) Chair II: Þórarinn Gíslason (Iceland)</p> <hr/> <p>13:45 - 14:05 Results from the NordicWelfAir project: Air pollution and childhood asthma in Iceland Þórarinn Gíslason (Iceland)</p> <hr/> <p>14:05-14:25 Lung cancer and environmental factors Adriana Hiller (Sweden)</p> <hr/> <p>14:25- 14:45 Wood dust exposure and chronic respiratory disease (including ILD) Rachel Louise Hasting (Norway)</p> <hr/> <p>14:45-15:15 The preconception origins of respiratory health and disease: The role of the father Cecilie Svanes (Norway)</p>	<p>VÍSA Skills workshop 1 AI bronchoscopy simulation Sponsor Ambu</p> <hr/> <p>Stefan Barrath</p>
15:15 – 15:45	Coffee / Poster rounds			

15:15 –
15:45

Poster round 1 - Hypoventilation

Chair: Sólrún Björk
Rúnarsdóttir

P01-1 - Challenges in home-based monitoring: success rate and barriers to effective transcutaneous CO₂ measurements
Emma Helén Larsen (Norway)

P01-2 - An Advanced Hospital-at-Home Service for patients with Chronic Respiratory failure: A Descriptive Report from a Tertiary Hospital
Sandra Berntsen (Norway)

P01-3 - Outcomes of prolonged mechanical ventilation weaning in a specialized respiratory weaning unit: a retrospective observational study
Anders Storesund (Norway)

P01-4 - Establishing normative values for diaphragmatic excursion in healthy adults - A pilot study
Berkay Adam Yüksel (Denmark)

P01-5 - Robot-assisted diaphragmatic plication in unilateral diaphragmatic paralysis – preliminary results from the prospective multicentre RAPIDLY trial
Andreas Palm (Sweden)

Poster round 2 - Asthma - Biomarkers and treatment efficacy

Chair: Rune Nielsen

P02-1 - Population-scale proteomics and metabolomics reveal systemic signatures of NSAID-exacerbated respiratory disease
Viljami Eevert Salmi (Finland)

P02-2 - Beyond barrier function: Antibacterial immunity in patients with severe asthma with and without allergy
Emilie Johanning Bari (Denmark)

P02-3 - Efficacy of once per month mepolizumab on adult chronic rhinosinusitis with nasal polyps, asthma and N-ERD – A randomised double-blind clinical trial
Anna Margaretha Gummerus (Finland)

P02-4 - Why do we switch biological treatment in severe asthma?
Kristín Dóra Sigurðardóttir (Iceland)

P02-5 - Exercise training in alveolar hypoxia aggravates pulmonary hypertension in a mouse model
Karl-Otto Larsen (Norway)

Poster round 3 - COPD - Biomarkers in COPD and Alpha 1 antitrypsin deficiency

Chair: Brynja
Jónsdóttir

P03-1 - Analysis of cell differential counts in bronchoalveolar lavage fluid from never-smokers with chronic obstructive pulmonary disease
David Erik Olander (Sweden)

P03-2 - Inflammatory biomarkers in stable COPD have limited additional predictive value for long-term mortality – the TIE cohort study
Jens Ellingsen (Sweden)

P03-3 - Stability of fraction of exhaled nitric oxide (FENO) over a 7-year period in COPD
Marieann Högman (Sweden)

P03-4 - Equitable access to augmentation therapy for AATD in the Nordics: real-world practice variation, survival evidence, and regional opportunities
Morten Dahl (Denmark)

P03-5 - Home-based administration with augmentation therapy in patients with severe alpha-1 antitrypsin deficiency in the North Jutland Region of Denmark
Helene Møller Frost (Denmark)

15:45 –
17:15

SILFURBERG

Session 4 Asthma and comorbidity

Chair I: Prof. Vibeke Backer
(Denmark)
Chair II: Benedikt Friðriksson
(Iceland)

15:45-16:05
United airways revisited with biologics
Sanna Salmi (Finland)

16:05- 16:25
Asthma Beyond the Airways: Understanding Comorbidities and Clinical Impact
Charlotte Ulrik (Denmark)

KALDALÓN

Session 5 Invasive pulmonology

Chair I: Hrönn Harðardóttir
(Iceland)
Chair II: Per Martin Silverborn
(Sweden)

15:45- 16:15
EBUS in lung cancer diagnostics
Marija Kotevska (Sweden)

16:15-16:45
Bronchopleural fistulas and valve treatment
Stefan Barath (Sweden)

16:45-17:15

RÍMA

Oral Session 1 COPD, tobacco prevention

Chair I: Gunnar
Guðmundsson (Iceland)
Chair II: Sigríður Ólína
Haraldsdóttir (Iceland)

15:45-15:55
Lower lung function and respiratory symptoms are associated with lower physical activity level, assessed by accelerometer, in a middle-aged population
Anders Blomberg, Umeå University

15:55-16:05

16:25-16:45
Epithelial integrity in asthma and allergic disease
Unnur Steina Björnsdóttir (Iceland)

16:45-16:55
Early intervention opportunities in asthma. Can we define those at high risk for severe asthma
Susanne Hansen (Denmark)

16:55 - 17:15
Bridging the gap - combined care
Prof. Vibeke Backer (Finland)

Surgical treatment for lung cancer, new technology:
Per Martin Silverborn (Sweden)

Associations of mildly reduced serum alpha-1 antitrypsin levels with lung function and CT findings in the general population
Suneela Zaigham, Lund University

16:05-16:15
Prescription of pharmacotherapy for COPD in Sweden diverts from the expected in groups stratified by disease severity and sex
Lowie EGW Vanfleteren, Sahlgrenska University Hospital

16:15-16:25
Eosinophilic and neutrophilic inflammation: the association with respiratory and cardiometabolic disease in the Nordic BOLD study
Lucia Cestelli, University of Bergen

16:25-16:35
The effect of type 2 inflammatory disease history on exacerbation and lung function outcomes of patients with chronic obstructive pulmonary disease
Minni Koivunen (Sanofi)

16:35-16:45
Lung function 50 years after neonatal diagnosis of severe alpha-1 antitrypsin deficiency
Suneela Zaigham, Lund University

16:45-16:55
Medical doctors and dentists seldom vape and use new nicotine products - awareness of nicotine dependence needs attention among medical specialists
Maria Juusela Medical center AAVA and Pikkujääti

17:15 –
19:00

Get-together at the conference venue - optional

TIME JUNE 4, 2026

<p>8:30 – 10:00</p>	<p>SILFURBERG A Session 7 Severe asthma</p> <p>Chair I: Dóra Lúðvíksdóttir (Iceland) Chair II: Charlotte Ulrik (Denmark)</p> <hr/> <p>08:30-08:50 “Learnings from Nordstar” a summary of the key findings from Nordic data on severe asthma. (eosinophil vs non eosinophilic asthma) Lauri Lethimaki (Finland)</p> <hr/> <p>08:50-09:10 Multimorbidity in severe asthma Ramesh Kurukulaaratchy (England)</p> <hr/> <p>09:10-09:30 Reframing Remission in Severe Asthma - distinguishing disease activity vs damage or The Biology of remission on Biologics Celeste Porsbjerg (Denmark)</p> <hr/> <p>09:30- 09:50 Severe asthma and remission prospects in Europe: insights from SHARP Apostolos Bossios (Sweden)</p> <hr/> <p>09:50-10:00 Questions</p>	<p>SILFURBERG B Session 8 Lung Cancer Screening</p> <p>Chair I: Hrönn Harðardóttir (Iceland) Chair II: Stefan Barrath (Sweden)</p> <hr/> <p>08:30-08:55 Organised Targeted Population Screening for Lung Cancer in the UK David Baldwin (England)</p> <hr/> <p>08:55-09:10 Screening in Norway and risk models for selection Oluf Dimitri Roe (Norway)</p> <hr/> <p>09:10 - 09:25 How to achieve a high participation rate in lung cancer screening - experience from the Estonian pilot study Tanel Laisaar (Estonia)</p> <hr/> <p>09:25-9:40 Screening in Sweden Gunnar Wagenius (Sweden)</p> <hr/> <p>09:40 - 10:00 Panel discussions</p>	<p>KALDALÓN Session 9 Respiratory insufficiency</p> <p>Chair I: Friðrik Yngvason (Iceland) Chair II: Christina Due Svendsen (Norway)</p> <hr/> <p>08:30-08:50 Use of NHFT in chronic respiratory failure Line Storgaard (Denmark)</p> <hr/> <p>08:50-09:20 LTOT and hypoxemia is less better? Magnus Ekström (Sweden)</p> <hr/> <p>09:20-09:40 Lung diseases and acute respiratory failure: when to intubate and the challenges in treatment. Helga Ásgeirsdóttir (Sweden)</p> <hr/> <p>09:40-10:00 Panel discussion</p>	<p>RÍMA Nurse session 1 Nurse-Patient Relationship</p> <p>Chair: Helga Jónsdóttir (Iceland)</p> <hr/> <p>8:30 – 9:00 Stigma and Vulnerability in the Care of Patients with COPD Heidi Jerpseth (Norway)</p> <hr/> <p>9:00 – 9:20 Relational Continuity in COPD Care: Insights from Patients in Swedish Primary Care. A qualitative study Sara C. Roos (Sweden)</p> <hr/> <p>9:20 – 9:40 Understanding COPD-related anxiety: Experiences of patients, caregivers and healthcare professionals Camilla F. Christiansen (Denmark)</p> <hr/> <p>9:40 – 10:00 Co-Creating a Differentiated Intervention for People with COPD in Socially Vulnerable Situations Nanna V. Gregersen (Denmark)</p> <hr/> <p>10:00 – 10:10 Discussions</p>
<p>10:00 – 10:30</p>	<p>Coffee / Poster rounds</p>			
<p>10:00 – 10:30</p>	<p>Poster round 4 Lung function and airways disease</p> <p>Chair: Tomas Eagan</p> <hr/> <p>P04-1 - Adherence to national asthma and COPD non-pharmacological guidelines: Insights from the Swedish National Airway register Caroline Stridsman (Sweden)</p> <hr/> <p>P04-2 - International delphi study on interpreting respiratory oscillometry in adults with asthma or COPD Ingvild Bjellmo Johnsen (Sweden)</p>	<p>Poster round 5 Lung cancer</p> <p>Chair: Anders Blomberg</p> <hr/> <p>P05-1 - Multidisciplinary Team Meetings for Lung Cancer in the Nordic Countries: Results from a Nordic Survey Anja Gouliaev (Denmark)</p> <hr/> <p>P05-2 - Ultrasound-guided pleural biopsy in the diagnosis of pleural mesothelioma: Results from a large, multicenter, Danish cohort study Vasiliki Panou (Denmark)</p> <hr/> <p>P05-3 - Title: Diagnostic utility of Checkpoint kinase 1 (CHK1) immunostaining in pleural</p>	<p>Poster round 6 Interstitial lung disease</p> <p>Chair: Össur Ingi Emilsson</p> <hr/> <p>P06-1 - Lung function trajectories before and after antifibrotic therapy in progressive pulmonary fibrosis Nanna Makhholm Østergård (Denmark)</p> <hr/> <p>P06-2 - Extent and survival of Progressive Pulmonary Fibrosis in Patients with Fibrotic Interstitial Lung Disease: a Danish Cohort Study</p>	

	<p>P04-3 - Study protocol: Effect of a Smart Inhaler Add-On on Adherence and Inhaler Technique in Patients with Poorly Controlled Asthma Jonas Aggerholm Bækd (Denmark)</p> <p>P04-4 - Obstructive lung disease in an adult with prior bronchopulmonary dysplasia Weiling Lim (Singapore)</p> <p>P04-5 - Spirometry and care of people with lung diseases in primary health care in Iceland 2018-2021 Arna Hilmarsdóttir (Iceland)</p>	<p>effusion cytology for pleural mesothelioma (PM) Azadeh Asghari Birbaneh (Denmark)</p> <p>P05-4 - Building trust in AI among clinicians Atle Rosendahl-Riise (Norway)</p> <p>P05-5 - COPD diagnosis during lung cancer evaluation: A scoping review of existing evidence Ditte Krag-Hansen (Denmark)</p>	<p>Line Kølner-Augustson (Denmark)</p> <p>P06-3 - Informal carers' roles: a mixed-methods study comparing views of people with interstitial lung diseases, informal carers, and healthcare professionals Raquel Vilar Marinho (Portugal)</p> <p>P06-4 - Increased risk of fibrotic interstitial lung disease and prescription of antifibrotics after serious COVID-19 illness Emil Ekbohm (Sweden)</p> <p>P06-5 - MUC5B Variants and Survival Outcomes in Pulmonary Fibrosis: Associations with Lung Function and Clinical Phenotype Mari Ainola (Finland)</p>
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10:30 – 12:00

SILFURBERG A

Session 10
Sanofi Symposium

ASTHMA AND COPD with Type 2

Inflammation: What Matters in Clinical Practice?

Moderator: Unnur Björnsdóttir (Iceland)

Speakers: Klaus Rabe and Brian Lipworth

SILFURBERG B

Session 11
Pulmonary hypertension

Chair I: Sif Hansdóttir (Iceland)
Chair II: Rainer Böger (Germany)

10:30-11:00
Risk stratification and treatment goals in PAH - Reflections on the new WSPH treatment algorithm
Göran Rådegran (Sweden)

11:00-11:30
Borderline or Overlap? Defining PH Phenotypes in Patients With Multiple Comorbidities
Clara Hjalmarsson (Sweden)

11:30-12:00
From Clot to Cure: Modern Management of CTEPH
Sören Mellekjær (Denmark)

KALDALÓN

Session 12
Pulmonary Rehabilitation: Accessibility, participation and maintenance

Chair I: Anders Løkke (Denmark)
Chair II: Hans Jakob Beck (Iceland)

10:30-11:00
Referral, uptake, adherence and maintenance
Margareta Emtner (Sweden)

11:00-11:20
Home-based and tele-rehabilitation programmes for socially or geographically isolated patients
Henrik Hansen (Denmark)

11:20-11:40
Long-term maintenance training in Iceland
Ragnheiður Harpa Arnardóttir (Iceland)

11:40-12:00
Panel discussion

RÍMA

Nurse session 2
Patients' Experiences of Treatments

Chair: Þorbjörg Sóley Ingadóttir (Iceland)

10:30 – 11:00
Everyday life with Ambulatory Oxygen Treatment in Patients with COPD
Ann Ekdahl (Sweden)

11:00 – 11:30
Telehealth for patients with COPD-Birgit Refsgaard Iversen
Birgit Refsegaard Midjord (Denmark)

11:30 – 11:50
Asthma/COPD clinics in primary care adherence to non-pharmacological management guidelines in patients with COPD
Jenny Nilsson (Sweden)

11:50 – 12:00
Discussions

12:00 – 13:00

Lunch

SILFURBERG A

12:00 –
13:00

Nordic collaboration in Respiratory Nursing
Chair: Helga Jónsdóttir

13:00 –
14:30

SILFURBERG A

Session 13
COPD

Chair I: **Benedikt Friðriksson (Iceland)**
Chair II: **Christer Jansson (Sweden)**

13:00-13:20

Dyspnea in COPD: mechanisms, measurement and management
Magnus Ekström (Sweden)

13:20-13:40

Application of endobronchial valves in treatment of COPD
Lowie Vanfleteren (Sweden)

13:40-14:00

Use of biologics in treatment of COPD
Lowie Vanfleteren (Sweden)

14:00-14:20

On the importance of vaccinations in patients with COPD - a 2026 update.
Eva van Braeckel (Belgium)

SILFURBERG B

Session 14
Bronchiectasis

Chair **Inga Sif Ólafsdóttir (Iceland)**

Chair II: **Sólrún Björk Rúnarsdóttir (Iceland)**

Case based interactive session with multidisciplinary panel

Panel:
Kristján Orri Helgason, Birgir Jóhannsson, Ragnheiður Harpa Arnarsdóttir

Speakers:
Stella Rún Guðmundsdóttir, Óskar Jöel Jónsson

KALDALÓN

Session 15
Lung transplantation

Chair I: **Sif Hansdóttir (Iceland)**

Chair II: **Hans Henrik Lawaetz Schultz (Denmark)**

13:00- 13:30

„A perfect match?“
Sigrún Ásgeirsdóttir (Iceland)

13:30-14:00

ABC, CLAD and the proposed other LAD's
Jesper Magnusson (Sweden)

14:00-14:30

Lung transplantation surgery, new technology
Per Martin Silverborn (Sweden)

RÍMA

Oral session 2
Asthma /sleep apnea

Chair I: **Duco Daniel Deenstra (Iceland)**
Chair 2: **Sigurður Þór Sigurðarson (Iceland)**

13:00-13:10

High cough counts in elite cross-country skiers during a World Cup weekend
Rikhard Måki-Heikkilä, Tampere University

13:10-13:20

Treatment with biologics ameliorates serum hepcidins' levels in severe eosinophilic asthma
Alan Altraja, Department of Pulmonology, Insitute of Clinical Medicine,
University of Tartu

13:20-13:30

Dupilumab improves large and small airway function and improves persistent airflow obstruction in patients with moderate-to-severe asthma from VESTIGE
Brian Lipworth, Sanofi

13:30-13:40

Switch to remission: secondary remission to anti-IL4/13 treatment after treatment failure on anti-IL5/Ra in severe asthma – a nationwide cohort study
Kjell Erik Julius Håkansson, Copenhagen University Hospital

13:40-13:50

Healthcare utilization before and after biologic therapies in severe asthma and CRSwNP: real-world data from Helsinki, Finland
Emilia Ylikänen, Allergy Department, Skin and Allergy Hospital, Helsinki University Hospital

13:50-14:00

Sleep apnoea in patients undergoing colorectal cancer surgery: Prospective cohort study
Karl A Franklin, Umeå University Hospital

14:00-14:10

Distribution figures of particles in exhaled air (PExA) - a new biological fingerprint assessed with AI?

14:30 –
15:00

Coffee / Poster rounds

14:30 –
15:00

Poster round 7
Asthma – Guideline adherence and clinical treatment effects

Chair: **Benedikt Friðriksson**

P07-1 - Asthma symptoms and GINA treatment steps in Sweden and Finland

Elias Benjamin Nurmi (Finland)

P07-2 - Long-term exacerbation trends before and after initiating triple therapy for uncontrolled asthma

Ingvild Bjellmo Johnsen (Sweden), Nicolas Roche (France), David Price (Singapore)

P07-3 - LAMA Use in Asthma Management: Insights from the EU-LAMA Study with a Focus on Sweden

Christer Janson (Sweden)

P07-4 - Clinical remission in patients with asthma treated with twice-yearly depemokimab in the Phase III SWIFT-1/2 studies

Michael E Wechsler (United States)

P07-5 - Inhaled corticosteroid use and self-reported voice problems in a Nordic population-based cohort

Sofia Ögeföldt (Sweden)

Poster round 8
COPD – Exacerbations, hospitalizations, and mortality

Chair: **Christer Janson**

P08-1 - Association of single- vs multiple-inhaler triple therapy with adherence and exacerbation risk in COPD: A nationwide cohort study in Denmark

Sabrina Meisgen (Sweden)

P08-2 - Trends in COPD Pharmacotherapy in Norway, 2013–2022: A Nationwide Prescription Study

Kristian Svendsen (Norway)

P08-3 - Risk factors for mortality during first COPD exacerbation hospitalisation differ by sex: a Danish nationwide cohort study

Mathias Therkelsen King (Denmark)

P08-4 - Association between comorbidity clusters and three-year mortality following first hospital contact for chronic obstructive pulmonary disease

Sebastian T.E. Buchardt (Denmark)

P08-5 - Mepolizumab reduces systemic corticosteroid utilization in chronic obstructive pulmonary disease: post-hoc analysis of the phase III MATINEE study

Johanna Sulku (Sweden)

Poster round 9
Thoracic ultrasound and mediastinal cryobiopsy

Chair: **Sólrún Björk Rúnarsdóttir**

P09-1 - Beyond the lung parenchyma: diaphragmatic ultrasound in fibrosing interstitial lung disease – A systematic review.

Sanjeewa Patabendige (Denmark)

P09-2 - Thoracic ultrasound shear wave elastography in fibrosing interstitial lung disease compared with healthy controls.

Sanjeewa Patabendige (Denmark)

P09-3 - Normal values for shear wave elastography of the lungs in healthy adults: A prospective cohort study

Rasmus Larsen (Denmark)

P09-4 - Thoracic Ultrasound Findings in Healthy Adults: B-Lines, Pleural Thickness, and Pleural Effusion – A Pilot Study

Berkay Adam Yüksel (Denmark)

P09-5 - Incremental value and optimal sampling number in transbronchial mediastinal cryobiopsy: interim results from the MECRIS study

Ilias Lyroudis (Sweden)

15:00 –
16:30

SILFURBERG A

Session 16
The role of screening for obstructive diseases and treatment adherence

Chair I: **Brynja Jónsdóttir (Iceland)**

Chair II: **Rune Nielsen (Norway)**

15:00- 15:20

SILFURBERG B

Session 17
Chronic cough

Chair I: **Össur Ingi Emilsson (Iceland)**

Chair II: **Mirjam Ljungren (Sweden)**

15:00 - 15:30
Defining chronic cough – is there a need for change?

Anne Lähti (Finland)

KALDALÓN

Session 18
Sleep and respiration in Neuromuscular diseases

Chair I: **Sólrún Björk Rúnarsdóttir (Iceland)**

Chair II: **Anna Louise Kleiven (Norway)**

15:00- 15:20

RÍMA

Oral session 3
Infection/ILD/Cancer

Chair 1: **Paula Kauppi (Finland)**

Chair 2: **Sif Hansdóttir (Iceland)**

15:00-15:10
Inhaled corticosteroids and risk of non-tuberculous mycobacteria in patients

How Common Is Obstructive Sleep Apnea in the General Population? Is It Time to Start General Screening?

Elín Helga Þórarinsdóttir (Iceland)

15:20-15:40

Results from the Breatheln asthma

Kristina Kock Hansen (Denmark)

15:40-16:00

Results from the Breatheln COPD

Anders Løkke (Denmark)

16:00 - 16:20

Web-Based COPD Risk Self-Assessment

Bernt Bøgvold Aarli (Norway)

15:30– 16:00

Current standards in the treatment of cough

Óssur Ingi Emilsson (Iceland), Henrik Johansson (Sweden)

16:00 - 16:30

NeuroCough: New insights in chronic cough from multi-center registries

Lorcan McGarvey (Ireland)

Tracing History Through Registers: A Retrospective Inquiry

Andreas Palm (Sweden)

15:20-15:40

Sleep and breathing in neuromuscular diseases

Sigurd Aarrestad (Norway)

15:40-16:00

Use of mechanical insufflation/ exsufflation in patients with neuromuscular diseases

Tiina Andersen (Norway)

16:00-16:20

LTMV in NMD invasive vs non-invasive (indications/ advantages/ disadvantages)

Anita Simmonds (England)

with chronic obstructive pulmonary disease

Pradeesh Sivaplan, Copenhagen REspiratory Research, Department of Medicine, Herlev Gentofte Hospital

15:10-15:20

PNEUMO Study in Finland – preliminary results

Hanna-Riikka Kreivi, Helsinki University Hospital

15:20-15:30

Serum KL-6 levels correlate with fibrosis and disease outcome in patients with pulmonary alveolar proteinosis (PAP)

Francesco Bonella, Ruhrlandklinik University Hospital Essen

15:30-15:40

Serum precipitins as predictors of mortality in hypersensitivity pneumonitis: a double-center retrospective observational study

Francesco Bonella, Ruhrlandklinik University Hospital Essen

15:40-15:50

Lung cancer screening implementation in Nordic countries: Insights from a Modified-Delphi consensus study

Ghida Khalife, University of Helsinki

15:50-16:00

Implementing tarlatamab in routine practice: a protocol-driven pathway with risk-aligned monitoring and service impact

Sanya Arora, The London Clinic

16:00-16:10

Self-reported witnessed episodes of apnea during sleep is associated with incident lung and breast cancer

Karl A Franklin, Umeå University Hospital

16:35 –
17:35

**SILFURBERG A
NORA meeting**

Chair: Gunnar Guðmundsson

Agenda: Teaching Respiratory Medicine to Medical Students in the New Era and NLC 2028

16:30- 16:35

Welcome

16:35 - 16:50
Challenges in teaching
Gunnar Gudmundsson

16:50-16:55
QA

16:55 - 17:10
The use of AI in teaching and learning pulmonary medicine.
Óssur Ingi Emilsson

17:10-17:15
QA

17:15-17:25
NLC 2028, Bergen, Norway
Tomas Eagan

17:25-17:30
QA

TIME JUNE 5, 2026

8:30 – 10:00

SILFURBERG A

Session 19
What is happening in the Nordics and Europe- Scientific researches

Chair I: Pórarinn Gíslason (Iceland)
Chair II: Christer Jansson (Sweden)

08:30 - 08:50
Burden of obstructive lung disease - BOLD/
André Amaral (England)

08:50 - 09:10
Burden beyond the lungs: patient-reported experiences of COPD in five European countries
Anders Løkke (Denmark)

09:10 - 09:30
SCAPIS project
Andrei Malinovschi (Sweden)

09:30 - 09:50
Hypoxic pulmonary vasoconstriction as a driver of cardiopulmonary disease – Steps towards identification of novel targets for treatment of COPD
Rainer Böger (Germany)

SILFURBERG B

Session 20
Tobacco prevention

Chair I: Jónína Sigurgeirsdóttir (Iceland)
Chair II: Steinn Jónsson (Iceland)

08:30-09:00
The new nicotine epidemic
Charlotta Pisinger (Denmark)

09:00-09:30
Health effects of novel nicotine products
Magnus Lundbäck (Sweden)

09:30-10:00
The role of Dentistry in Clinical Nicotine Prevention in Sweden and opportunities in other Nordic countries
Ásgeir Rúnar Helgason (Iceland)

KALDALÓN

Physiotherapy
Session A
Breathing exercises and mobilization; for whom, how and why?

Chair I: Ragnheiður Harpa Arnardóttir (Iceland)
Chair II: Ólöf Ragna Ámundadóttir (Iceland)

08:30-08:50
Clinical reasoning in respiratory physiotherapy
Monika Fagevik Olsén (Sweden)

08:50-09:10
Early mobilization after abdominal and cardiothoracic surgery
Monika Fagevik Olsén (Sweden)

09:10-09:30
PEP: History, applications and physiological effects
Monika Fagevik Olsén (Sweden)

09:30-09:50
Revisiting assumptions about the dependent-lung ventilation during airway clearance techniques: did we target the wrong lung
William Poncin (Belgium)

09:50-10:00
Panel discussion

10:00 –
10:30

Coffee / Poster rounds

10:00 –
10:30

Poster round 10
Hypoxia and burden of COPD

Chair: Friðrik Yngvason

P10-1 - Adaptation of the lung circulation to high altitude hypoxia: Role of the DDAH-1 and -2 genes. ALTIGENE – A Mendelian-randomized study at 3,450 m

Juliane Hannemann (Germany)

P10-3 - Burden beyond the lungs: Patient-reported experiences of COPD in five North European countries

Anders Løkke (Denmark)

P10-4 - Assessment of anxiety in COPD: A scoping review of questionnaires

Camilla Fischer Christiansen (Denmark)

P10-5 - Increased hospitalisation and mortality risk in patients with GOLD A COPD compared with the general population- results from the PRAXIS-study

Åsa Athlin (Sweden)

Poster round 11
Asthma – Healthcare cost and societal burden

Chair: Vibeke Backer

P11-1 - FINASTHMA cost: Adherence and persistence to biological asthma treatments in Finland between 2020–2023

Arja Viinanen (Finland)

P11-2 - Costs associated with oral corticosteroid use in Finnish asthma patients –A retrospective registry study (FINASTHMA cost)

Hanna Hisinger-Mölkänen (Finland)

P11-3 - Burden of asthma and related societal costs in Sweden: a national web-based survey study

Björn Stridh (Sweden)

P11-4 - Productivity loss associated with chronic cough in working Swedish adults

Össur Ingi Emilsson (Iceland)

Poster round 12
Respiratory infections

Chair: Paula Kauppi

P12-1 - Healthcare and socioeconomic costs associated with pneumonia: A nationwide matched cohort study from 2002 to 2016

Melina Gade Sikjær (Denmark)

P12-2 - Real-World Evidence of the Adjuvanted-RSVPreF3 Vaccine's Uptake and Effectiveness among COPD Patients in Denmark: A Nationwide Cohort Study

Hans-Jakob Herbst Sørensen (Denmark)

P12-3 - Sex differences in exacerbations and symptom burden in non-cystic fibrosis bronchiectasis: findings from the Bronchiectasis Health Questionnaire

Line Birk Bos (Denmark)

P12-4 - Impact of chronic rhinosinusitis on COVID-19 severity: findings from a register-based study of 7.9 million individuals

Daniil Lisik (Sweden)

P12-5 - Transthoracic drainage of lung abscesses (TOLA): Protocol for a national multicenter randomized open label trial

Katrine Kristensen (Denmark)

10:30 –
12:00

SILFURBERG A

Session 22

Cutting-edge Insights from the European Clinical Respiratory Journal: The Year's Most Influential Scientific Papers

Chair: Vasiliki Panou (Denmark)

10:30-10:35
Opening

10:35-10:45
Pulmocardiology / Lung Transplantation

SILFURBERG B

Session 23

Interstitial lung diseases

Chair I: Gunnar Gudmundsson (Iceland)
Chair II: Phuong Phuong Diep (Norway)

10:30-11:00
CTD-ILD
Elisabeth Bendstrup (Denmark)

11:00-11:30
Early and familial pulmonary fibrosis
Matt Hunninghake (USA)

KALDALÓN

Physiotherapy Session B
Physical training in COPD and asthma, various approaches

Chair I: Vibeke Backer (Denmark)
Chair II: Ragnheiður Harpa Arnardóttir (Iceland)

10:30-11:00
Physical training in asthma and COPD
Margareta Emtner (Sweden)

RÍMA

Oral session 4
Asthma/Sleep apnea – Young researchers

Chair I: Alan Altraja (Estonia)
Chair II: Benedikt Friðriksson (Iceland)

10:30-10:40
Allergen-Specific Immunoglobulin E and Outcomes in Adult-Onset Asthma
Ella Flinkaman, Faculty of Medicine and Health

Hans Henrik Schultz (Denmark)	11:30-12:00 Sarcoidosis Tomas Eagan (Norway)	11:00-11:20 Is HIT a HIT in COPD? André Nyberg (Sweden)	Technology, Tampere University
10:45-10:55 COPD Pradeesh Sivapalan (Denmark)		11:20-11:40 Oxygen on the Move: Optimising Oxygenation to Improve Functional Performance in COPD Linette Marie Kofod (Denmark)	10:40-10:50 Impact of aging on high-dose inhaled corticosteroid use and specialist care management in patients with asthma – a Danish nationwide cohort study Alma Holm Roving, Department of Respiratory Medicine, Copenhagen University Hospital- Hvidovre
10:55-11:05 ILD Saheer Shaker (Denmark)		11:40-12:00 Panel discussion	
11:05-11:15 Hypoxia/Hypercapnia Charlotte Schou (Denmark)			10:50-11:00 Childhood asthma exacerbation phenotypes predict exacerbation risk in adulthood: a 20-year population-based study Stina Selberg, Umeå University
11:15-11:25 Sleep Apnoea Karl Franklin (Sweden)			11:00-11:10 Effects of clinical allergy on high Type-2 inflammatory status Selin Ercan, Krefting Research Centre, Institute of Medicine, Sahlgrenska Academy, University of Gothenburg
11:25-11:35 Invasive Pulmonology Hrönn Harðardóttir (Iceland)			11:10-11:20 Register study comparing adherence to oral treatments in asthma and cardiometabolic diseases Caroline Ahlroth Pind, Department of Medical Sciences, Lung, allergy- and sleep research, Uppsala University
11:35-11:45 Asthma Prof. Charlotte S. Ulrik			11:20-11:30 Sex differences in objectively measured sleep and sleep apnea in a community-based context. Galileo Frustaci, Department of Medical Sciences, Respiratory, Allergy and Sleep Research, Uppsala University
11:45-12:00 Panel Discussion			